

REPORT OF THE 1st MOBILITY, PORTO, 18th - 23rd FEBRUARY 2016



CZECH REP.



ITALY



LATVIA



LITHUANIA



SLOVENIA



PORTUGAL



TURKEY

The 1st mobility of the Erasmus+ (KA2) project “**Ready for our lives**“ was held from 18th February 2016 to 23rd February 2016 in Porto, Portugal.

The **Czech delegation** from “Obchodní akademie Karviná, s.r.o“ in Karviná arrived in Porto on February 17th and departed on February 24th 2016. The delegation was composed of the project coordinator Mr. Martin Frolík, the teacher Věra Hellerová and the students Miss Hana Hodulíková, Miss Denisa Piačková and Miss Aneta Kneislová.

The **Latvian delegation** from the “Riga Secondary Night Shift School n°9”, arrived in Porto on February 17th and departed on February 24th 2016. The delegation was composed from the teachers Mrs. Kristine Abele and Mrs. Una Anaite and the students Miss Estere Uztice, Miss Marika Retiga and Mr. Arturs Berzins

The **Turkish delegation** from the school “Özel Adalya Anadolu Lisesi“ in Antalya arrived in Porto on February 16th and departed on February 25th 2016. The delegation was composed from the headmaster Kenan Celik, and the teacher Mrs. Funda Vuslat Mackenzie and the students Mr. Umut Bans Kizilkaya, Mr. Anil Yagci and Mr. Baris Çopelci.

The **Slovenian delegation** from the school “Srednja ekonomsko-poslovna šola Koper” in Koper arrived in Porto on February 17th and departed on February 24th 2016. The delegation was composed from the teachers Mrs. Nataša Jerman and Mrs. Tanja Skok and the students Miss Anja Segulin, Miss Tal Omčikus and Mr. Denis Ferhatovič.

The **Lithuanian delegation** from the school “Kedainiai Sviesioji Gymnasium” in Kedainiai arrived in Porto on February 17th and departed on February 24th 2016. The delegation was composed from the teacher Mrs. Gitana Kaupiene and the students Miss Algimanta Rasisytė, Miss Marta Gadisauskaitė and Mr. Mykolas Jerutis.

The **Italian delegation** from the school I.I.S. "A. Volta" in Nicosia arrived in Porto on February 17th and departed on February 24th 2016. The delegation was composed from the teachers Mrs. Maria Filippa La Porta and Mrs. Maria La Licata and the students Miss Veronica Mirenda, Miss Eleonora Quintessenza and Mr. Matteo Caldareri.

The organizer of the 1st mobility was **the Portuguese school** Agrupamento de Escolas Alexandre Herculano from Porto.

On Wednesday February 17th (respectively Tuesday 16th as for the Turkish team) all the participants were welcomed by the headmaster and the school coordinator at the airport and then transferred to the hotel and host families.

On Thursday, February 18th all the participants gathered at school where the presentations of the Portuguese school and educational system were presented. Later on the participating schools presented their own countries, towns and schools. Then the logo competition took place and the winner came from the Turkish partner school. In the afternoon the participating schools presented their results of surveys on youth unemployment.

On Friday, February 19th, there was a study visit to the Sandeman company followed by a walk along the old town Ribeira and an excursion to the Unicer brewery. In the evening all the students, teachers, host families and representatives of the school board gathered at school for the Evening of national cuisine. The participating teams prepared their typical dishes of their countries.

On Saturday, February 20th, there was a whole day excursion to Guimaraes, the cradle of the nation, where the participants of the meeting visited the Duke of Braganza Palace, the Castle and the old town including Couros area.

On Sunday, February 21st, the students learned about the culture, the way of life and about traditions of Portugal together with their host families while the teachers visited the most important places of interest in various neighbourhoods of Porto. On Sunday evening the students celebrated a birthday and organized a surprise birthday party to one of the students which means they integrated very well and made good friendships during the meeting.

On Monday, February 22nd all the students and teachers gathered at school where two experts from Institute of Employment gave their lectures on youth unemployment issues in Porto and Portugal. The debate followed and the students and teachers discussed about similarities and differences as for this issue in their countries. After the lecture presentations of the partners schools on the topic of age discrimination in the labour market and equal opportunities regarding the age followed. Then the role play workshop on this topic took place. In the afternoon the students and teachers took part in a study visit to the CEIIA (Centre for Excellence and Innovation of Automobile and Aeronautic Industry) where they learned about the new approaches and strategies in this field of industry.

On Tuesday, February 23rd the teachers had their evaluation meeting and planned the second mobility which will be held in April in Turkey. The teachers agreed on the planned activities and tasks to be done and the methods to be used between the meetings in Portugal and Turkey. The students were involved in cross-international team activities and dealt with the tasks related to the project. In the afternoon the participants were welcomed by the town representatives at the Town Hall in Porto. In the evening all the participants were given their certificates of attendance and the 1st mobility was officially concluded with a farewell dinner.

During the 1st mobility the teachers agreed on the tasks to be done for the 2nd exchange in Turkey which will be held from 7th to 12th April, 2016 (with travel days on 6th and 13th).

- Each country will make a powerpoint presentation of the results of surveys on job interviews. (5-10 minutes max.)
- Each country will make a powerpoint presentation of the results of surveys on the equal opportunities regardless races at the labour market. (5-10 minutes max.). Each country will develop their research on their own using the most appropriate methods they find the most useful.
- Each country will carry out a discussion / a debate on race discrimination with responsible people at their local authorities and on the issue of writing CV and job interviews. (e.g. common mistakes in CVs, expected information in CVs...)
- Each country will prepare a presentation of their country, town and school to be presented during the exchange in Turkey.
- Each country will prepare some national dishes that will be presented at the evening of national cuisine at the Turkish school.

During the 1st mobility the delegations also agreed on the following:


- a) The Latvian team will prepare 10 common questions for the questionnaire on job interviews and the other partners can add other questions (max. 10) based on their own needs and situations. The questionnaires will be sent to partner schools by **March 10th, 2016**.
- b) Each country will carry out a research on the issue of race discrimination at the labour market to be presented during the meeting in Turkey.
- c) Each country will prepare a presentation of their country, town and school for the meeting in Turkey.
- d) The Lithuanian school will publish the evaluation form by **March 4th, 2016** and will collect the answers and work out the evaluation results by **March 25th, 2016**. For this evaluation the eTwinning platform will be used. Only the participating students will take part in this evaluation activity. The results will be published on twinspace by **March 31st, 2016**
- e) All participating schools will send their newsletters **by March 31st, 2016** to the Turkish school. Maximum pages of each newsletter will be 4 pages per a school. The participating schools should use word format and picasa for their photos.
- f) The Italian school will open pages on eTwinning so that the visitors could see the results of our work.
- g) The Czech school will upload the results of our work (presentations, questionnaires etc.) on the website and the facebook page.
- h) Each school is recommended to publish their results of work on their school web pages or school facebook pages, in local media etc. Newspaper articles will be also presented on the webpage of the project.

- The Turkish school will send the other partners the programme of the 2nd mobility and the host families' contacts by **March 25th, 2016**.
- The Lithuanian school will organize a Skype conference, the exact date will be agreed by the school coordinators.
- The Slovenian school will work out the video-presentation from the meeting in Portugal to be presented at the meeting in Turkey.

All the participants of the "Ready for our lives" project appreciate the effort, the work and the warm hospitality of the Portuguese organizers of the 1st mobility. All the participants find the activities very interesting and agree they learned a lot during the meeting. All the planned tasks and activities were fully accomplished.


The next meeting is going to be held in Antalya, Turkey in April 2016.


In Porto, 23rd February, 2016



 Martin Frolík, Czech Republic
 coordinator of the project

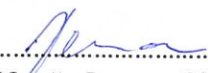

 Maria Graca, Portugal



 Kristine Abele, Latvia


 Una Anaite, Latvia


 Věra Hellerová, Czech Republic

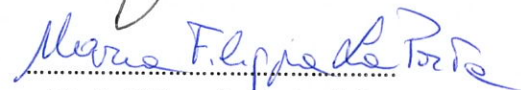

 Gitana Kaupiene, Lithuania

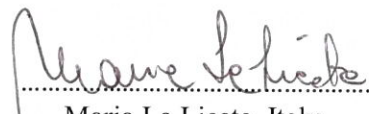

 Nataša Jerman, Slovenia


 Tanja Skok, Slovenia


 Kenan Celik, Turkey


 Funda Vuslat Mackenzie, Turkey


 Maria Filippa La Porta, Italy


 Maria La Licata, Italy


 Manuel Lima
 headmaster
 Portugal